

ALS OF NIKS - 2022 RESULTS

OVERALL RESULTS FOR THE 117km MOUNTAIN BIKE

Position	Name	Surname	Race No.	Gender	Dist	RaceTime	Ave Speed
1	DEWALD	LOTTER	B004	MALE	117 km	4:45:40	24.57 km/h
2	LOURENS	DE BEER	B003	MALE	117 km	4:45:40	24.49 km/h
3	ERNEST	FRANZEN	B005	MALE	117 km	4:52:54	23.97 km/h
4	AC	SWANEPOEL	B016	MALE	117 km	4:56:32	23.67 km/h
5	RUDOLF- VISSIE	PRETORIUS	B007	MALE	117 km	5:10:17	22.62 km/h
6	JOHN	VORSTER	B021	MALE	117 km	6:05:36	19.2 km/h
7	JANNIE	VAN DER WESTHUIZEN	B020	MALE	117 km	6:24:55	18.24 km/h
8	RIAAN - "BUFFEL"	SWANEPOEL	B008	MALE	117 km	6:58:05	16.79 km/h
9	LIZE	SWANEPOEL	B009	FEMALE	117 km	6:58:08	16.79 km/h

OVERALL RESULTS FOR THE 75km MOUNTAIN BIKE

Position	Name	Surname	Race No.	Gender	Dist	RaceTime	Ave Speed
1	HANNES	VAN STADEN	R008	MALE	75 km	3:14:15	23.17 km/h
2	KLAAS	MEINTJIES	R020	MALE	75 km	3:22:55	22.18 km/h
3	MARTIN	SCHOEMAN	R013	MALE	75 km	3:38:27	20.6 km/h
4	EVERETT	HAYWOOD	R010	MALE	75 km	3:38:34	20.59 km/h
5	SANDRA	HAYWOOD	R011	FEMALE	75 km	3:40:00	20.45 km/h
6	JACQUES	MANTHE	R003	MALE	75 km	3:52:11	19.38 km/h
7	HANNO	CARSTENS	G102	MALE	75 km	3:54:51	19.16 km/h
8	TIM	BEZUIDENHOUT	R031	MALE	75 km	3:57:17	18.96 km/h
9	WIMPIE	ROUWENHORST	R032	MALE	75 km	4:04:41	18.39 km/h
10	WILLEM	RICHTER	R016	MALE	75 km	4:12:29	17.82 km/h
11	SUZETTE	LEACH	R017	FEMALE	75 km	4:12:32	17.82 km/h
12	WIEKUS	VAN DER BERG	R007	MALE	75 km	4:13:49	17.73 km/h
13	HENRY	DE SWARDT	B010	MALE	75 km	4:16:24	17.55 km/h
14	MATTHYS	JORDAN	R009	MALE	75 km	4:24:40	17 km/h
15	LAIKEN	PRETORIUS	R019	FEMALE	75 km	4:27:41	16.81 km/h
16	ANDREA	DE BEER	R006	FEMALE	75 km	4:27:44	16.81 km/h
17	LEON	BOHMER	R005	MALE	75 km	4:50:34	15.49 km/h
18	ANINA	BOHMER	R004	FEMALE	75 km	4:50:36	15.49 km/h
19	NEIL	ESTERHUIZEN	R033	MALE	75 km	4:50:51	15.47 km/h
20	ALTA	VAN SCHALKWYK	R035	FEMALE	75 km	4:50:56	15.47 km/h
21	GERHARD	POTGIETER	R012	MALE	75 km	4:51:41	15.43 km/h
22	LERINA	HEPBURN	R034	FEMALE	75 km	4:59:33	15.02 km/h
23	PIETER	DE HEER	R015	MALE	75 km	5:06:18	14.69 km/h
24	JEANNE	DE HEER	R014	FEMALE	75 km	5:06:23	14.69 km/h
25	MARITA	WELGEMOED	R001	FEMALE	75 km	5:49:49	12.86 km/h
26	LOUISE	DE VILLIERS	R002	FEMALE	75 km	5:49:55	12.86 km/h
27	JAMES - " GOLD FINGER"	AU	R018	MALE	75 km	6:16:15	11.96 km/h

ALS OF NIKS - 2022 RESULTS

OVERALL RESULTS FOR THE 35km MOUNTAIN BIKE

Position	Name	Surname	Race No.	Gender	Dist	RaceTime	Ave Speed
1	MATTHEW	FRATTAROLI	G005	MALE	35 km	1:28:55	23.62 km/h
2	MPILWENHLE	KUPHEKA	G028	MALE	35 km	1:40:25	20.91 km/h
3	TUMELO	SELEISE	G025	MALE	35 km	1:42:10	20.55 km/h
4	SARAS	NAIDOO	G027	MALE	35 km	1:44:17	20.14 km/h
5	KHETHUKUTHULA	MABASO	G023	MALE	35 km	1:44:23	20.12 km/h
6	NHLANHLA	CIULIWE	G022	MALE	35 km	1:50:34	18.99 km/h
7	BONGUMUSA	MIOIO	G026	MALE	35 km	1:50:51	18.94 km/h
8	FRANCO	CARSTENS	G103	MALE	35 km	1:51:46	18.79 km/h
9	WIMPIE	HAMILTON	G016	MALE	35 km	1:55:55	18.12 km/h
10	RIAAN	MULLER	G011	MALE	35 km	1:55:58	18.11 km/h
11	KEVIN	WHITE	G030	MALE	35 km	1:58:54	17.66 km/h
12	CORNETTE	MEYER	G004	FEMALE	35 km	2:04:26	16.88 km/h
13	SAREL	Meyer	G003	MALE	35 km	2:08:04	16.4 km/h
14	JOHAN	VENTER	G001	MALE	35 km	2:08:07	16.39 km/h
15	GUNTER	MUHL	G029	MALE	35 km	2:08:41	16.32 km/h
16	LUCAS	WALKER	G014	MALE	35 km	2:09:26	16.22 km/h
17	ALEXANDRA	DREYER	G002	FEMALE	35 km	2:09:33	16.21 km/h
18	CHRISTEEN	VAN DER BERG	G006	FEMALE	35 km	2:14:22	15.63 km/h
19	SIPHO	KHUMALO	G024	MALE	35 km	2:17:03	15.32 km/h
20	ANDRE	KOTZE	G013	MALE	35 km	2:20:18	14.97 km/h
21	MANDIE	DU PLESSIS	G007	FEMALE	35 km	2:25:26	14.44 km/h
22	TYRONNE	DAVIS	G008	MALE	35 km	2:25:29	14.43 km/h
23	CHRISTELLE	JOUBERT	G009	FEMALE	35 km	2:27:59	14.19 km/h
24	NEELS	FERREIRA	G012	MALE	35 km	2:28:04	14.18 km/h
25	SELOME	TWYMAN	G020	MALE	35 km	2:30:02	14 km/h
26	MICHAEL	TWYMAN	G019	MALE	35 km	2:30:08	13.99 km/h
27	ECKHARD	EBERSON	G101	MALE	35 km	2:32:49	13.74 km/h
28	KWANDO	MTHEMBU	G021	MALE	35 km	2:33:52	13.65 km/h
29	SHANNON	BEZUIDENHOUT	G018	FEMALE	35 km	3:38:31	9.61 km/h
30	COURTZ	THEVENAN	G017	FEMALE	35 km	3:38:33	9.61 km/h

OVERALL RESULTS FOR THE 15km MOUNTAIN BIKE

Position	Name	Surname	Race No.	Gender	Dist	RaceTime	Ave Speed
1	ELIZIAH	ROUWENHORST	S009	FEMALE	15 km	2:16:39	6.59 km/h
2	LIAM	ROUWENHORST	S008	MALE	15 km	2:16:43	6.58 km/h
3	KATLEGO	MOLOKO	S004	MALE	15 km	2:41:38	5.57 km/h
4	LUNGILE	MOLOKO	S003	FEMALE	15 km	2:41:41	5.57 km/h
5	KARABO	MOLOKO	S005	FEMALE	15 km	2:41:46	5.56 km/h
6	DAVID	MOLOKO	S002	MALE	15 km	2:41:50	5.56 km/h

ALS OF NIKS - 2022 RESULTS

FOR THE 21km TRAIL RUN

Position	Name	Surname	Race No.	Gender	Dist	RaceTime	Ave Speed
1	BRADLEY	GIBBONS	204	MALE	21 km	2:12:13	9.53 km/h
2	BEVERLEY	BEVERLEY TERBLANCHE	202	FEMALE	21 km	2:13:36	9.43 km/h
3	JURGEN	JENDE	207	MALE	21 km	2:16:40	9.22 km/h
4	WILLIAM	BAPELA	205	MALE	21 km	2:20:16	8.98 km/h
5	ABIGAIL	PETERS	223	FEMALE	21 km	2:21:56	8.88 km/h
6	PAUL	JOUBERT	222	MALE	21 km	2:25:04	8.69 km/h
7	DIRK	BOTHA	208	MALE	21 km	2:29:37	8.42 km/h
8	LOCHE	LA CANTE	203	FEMALE	21 km	3:40:13	5.72 km/h

FOR THE 10km TRAIL RUN

Position	Name	Surname	Race No.	Gender	Dist	RaceTime	Ave Speed
1	KEVIN	PETERS	113	MALE	10 km	0:57:09	10.5 km/h
2	CONRAD	VAN DER WESTHUIZEN	110	MALE	10 km	1:10:02	8.57 km/h
3	THEO	SCHULTZ	114	MALE	10 km	1:12:09	8.32 km/h
4	TARIEN	PRINSLOO	104	FEMALE	10 km	1:18:06	7.68 km/h
5	THARINA	Peters	112	FEMALE	10 km	1:27:47	6.84 km/h
6	RONEL	GREYLING	107	FEMALE	10 km	1:29:52	6.68 km/h
7	PRISCILLA	MULLER	103	FEMALE	10 km	1:35:17	6.3 km/h
8	GAUL	STROEBEL	118	FEMALE	10 km	1:36:11	6.24 km/h
9	MELANIE	VAN DER WESTHUIZEN	117	FEMALE	10 km	1:38:29	6.09 km/h
10	LIENKIE	HOLDER	116	FEMALE	10 km	1:39:38	6.02 km/h
11	SUNET	VAN STADEN	101	FEMALE	10 km	1:40:08	5.99 km/h
12	JOHANN	DU TOIT	115	MALE	10 km	1:40:41	5.96 km/h
13	VIONA	ARENDS	108	FEMALE	10 km	1:45:06	5.71 km/h
14	RODNEY	ARENDS	109	MALE	10 km	1:48:11	5.55 km/h
15	Monia	van Staden	102	FEMALE	10 km	1:57:25	5.11 km/h
16	WENDY	MOORE	106	FEMALE	10 km	2:01:58	4.92 km/h
17	LIZE	SMITH	105	FEMALE	10 km	2:02:05	4.91 km/h
18	LUZANNE	VAN DER MESCHT	119	FEMALE	10 km	2:45:40	3.62 km/h
19	LANI	VAN DER MESCHT	120	FEMALE	10 km	2:45:55	3.62 km/h